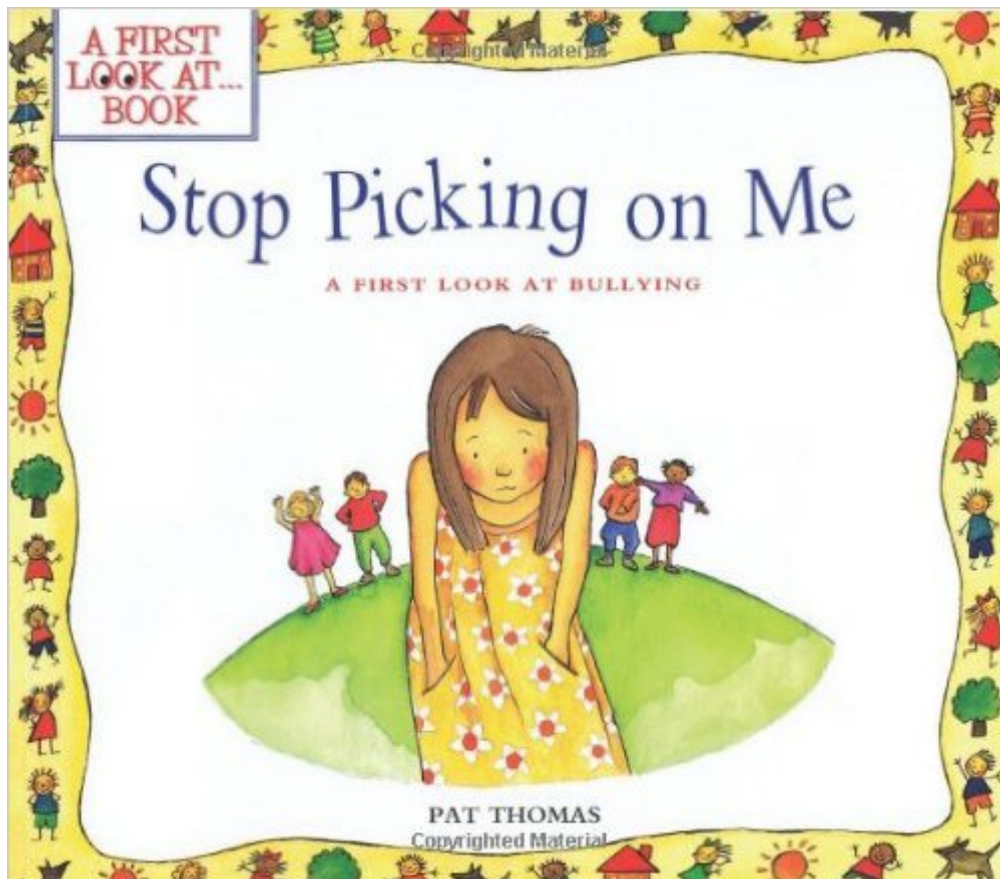


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# Stop Picking On Me (A First Look At Bullying)



## Synopsis

Barron's A First Look At books explore the dynamics in relationships among children of preschool through early school age, and encourage kids to understand personal and social problems as a first step toward solving them. Written by an experienced psychotherapist and counselor, these books promote positive interaction among children, parents, and teachers. The language in each book is simple and direct—easy for younger children to understand. Full-color illustrations on every page. This approachable picture book explores the difficult issue of bullying among children. It helps kids accept the normal fears and worries that accompany bullying, and suggests ways to resolve this upsetting experience.

## Book Information

Lexile Measure: 750L (What's this?)

Series: A First Look At...Series

Paperback: 32 pages

Publisher: Barron's Educational Series; 1 edition (March 1, 2000)

Language: English

ISBN-10: 0764114611

ISBN-13: 978-0764114618

Product Dimensions: 9.4 x 0.1 x 8.2 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (21 customer reviews)

Best Sellers Rank: #52,473 in Books (See Top 100 in Books) #37 in [Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Abuse](#) #111 in [Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Bullies](#) #171 in [Books > Medical Books > Psychology > Social Psychology & Interactions](#)

Age Range: 4 - 7 years

Grade Level: Preschool - 2

## Customer Reviews

The issue of bullying is no longer considered simply a rite of passage in schools. a April 2001 study by the National Institute of Child Health and Human Development (within the National Institutes of Health) says that 16% of all children have been bullied by other children in their current school term. The authors of the report say bullying should be considered a public health problem. That said, for any parent whose child has been bullied by another...it's a problem that can completely overshadow

a child and a family. "Stop Picking on Me" was a tremendous tool to help our 7 year old daughter. She has been bullied for 2 years by another girl at our school. Although the school tried to be responsive to our concerns, like most bullying, it often takes place where no one can see it. We needed to help our daughter understand what was making this girl pick on her, and what she could do to protect herself. It is easy to read, and helps your child understand what makes a bully tick. My daughter said the illustrations really showed how she felt when she was singled out by the bully. Thomas' book gave us a chance to really talk about what was happening at school, and how to deal with it. The most important lesson your child will learn is that it's okay to tell someone. The message is easy enough for a four year old to understand, but there's enough information here to spark a good discussion with an older child. This book won't make a bully go away, but it will help you talk to your child about bullying and help give your child the tools and hopefully the courage to stand up to the schoolyard or neighborhood bully.

We bought this book for our 4-year old daughter when she started saying she didn't like the color of her hair and skin. We suspected some children in her pre-school had said something to her and hoped that this book might help her deal with their comments. She still says that she does not know any bullies, but the fact that she often asks us to read the book to her at bedtime suggests to me that it is helping her deal with her feelings. Importantly, shortly after reading it a few times, she started telling me that she liked her hair and skin. The story is well told and even discusses why some children are bullies. It makes the point that even adults can be bullies and that this can cause children who have been bullied to become bullies themselves. While this is sad, bullying is never OK. The book offers advice on what to do if someone bullies you: tell an adult, be with people who love you. We also use this book with our feisty 3-year old daughter, who can be a bit bossy with her peers. We talk to her about how saying certain things can hurt people's feelings and that we would never want her to be a bully. I really recommend this book, both for victims of bullies and potential bullies.

I bought this book to help my sons deal with a bully in preschool. I was disappointed that the book focuses so much on how the bully feels and not how it feels to be the bullied nor does it offer a child any method for dealing with the bully as the title would imply.

As a second grade teacher, I read this book to my classes at the beginning of every school year on the second day of school and we have a discussion about bullying and that a bully counts on you

not telling, as it addresses in the book, and why it is so important to tell a trusted adult, most specifically me as the teacher so that I can help them and put an end to the bullying. This book offers a great look into why the bully picks on others, such as being a victim once themselves or that they have low self-esteem and it really helps the kids understand it. The illustrations are nice and I love the discussion questions at the end, which we use in small group discussions and whole class discussions. The only reason I'm giving this 4 stars is because I feel that the book only offers the suggestion of telling an adult, which don't get me wrong is VERY important, but I wish it had suggestions on how the kids can try to handle it on their own first. Overall, I do think the book is great to understand and discuss this epidemic of bullying.

The book is well written and easy for younger kids to understand but i work in an inner city elementary school and the "solution" at the end of the book is too simplistic for the kids who are being bullied.

My grandson is a "would be" bully; while my granddaughter is a perfect victim. Therefore, I bought the book to read to both of them...it worked! My grandson was infuriated that anyone would think about doing this to his sister, but I pointed out that he had done things similar to this to her. He hugged her and apologized. Yeah! Great book!

I brought this for my grandson who had been bullied. He said he did not like the book because it was to many bullies in it but I do thing it help him because he was not afraid to go into his class after I read the book to him and talk to him about it. He is 5 years old. I would recommend it

My first graders loved this book and were ready to open up about their experiences after I read it. They wrote full pages about "how to stop the bullies" after we read and shared with each other using this book!

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